

Hellenic Snack Bar & Restaurant



www.TheHellenic.com
5145 Main Road East Marion 631.477.0138

Ninety Percent of our menu items are made from scratch on premise. In all of those entrees you will NOT find preservatives, MSG, hydrogenated oils including margarine, artificial or manmade ingredients. Our portions still remain quite large, but rest assured that we strive to bring you the finest quality. Thank you for making us one of the best restaurants on Long Island for over thirty six years.

*Ees ee-yee-ah!"
-To Your Health*

Long Island Wines have flourished and matured tremendously. General consensus amongst the vintners is that our wines have immense, unique local character. We have strived to put together a wine list of what we feel is the creme. Exceptional vintages are marked with an asterisk*. Chef's Choice***

Overwhelmed??

Try our Sampler! Choose any four wines marked with a check below and we'll bring four mini carafes (about two glasses) for your enjoyment. \$15

	Sampler	Glass	1/2 Carafe
Bedell First Crush Red*, L.I.	✓	\$9	
Cupcake Cabernet	✓	\$7	
Cupcake Malbec	✓	\$7	
Fisheye Shiraz	✓	\$6	
Hellenic Snack Bar Merlot*, L.I.	✓	\$6	\$18
Irony Pinot Noir	✓	\$9	
Jamesport Cinq Red	✓	\$9	
Laurel Lake Cabernet, L.I.	✓	\$7	
Myrtos Red	✓	\$5	\$15
Osprey's Dominion Merlot, L.I.	✓	\$8	
Pugliese Bella Domenica, L.I.	✓	\$6	
Ravenswood Zinfandel	✓	\$7	
Rex Goliath 47 lb. Rooster Cab Sauv*	✓	\$6	\$15
Shinn Vineyards Red*, L.I.	✓	\$7	
Anthony Nappa Anomaly***, L.I.	✓	\$9	
Anthony Nappa Luminous* Riesling	✓	\$9	
Beringer White Zinfandel	✓	\$5	\$14
Hellenic Snack Bar Chardonnay, L.I.	✓	\$6	\$18
Jamesport Reisling***	✓	\$9	
Jamesport Sauvignon Blanc***	✓	\$9	
Jason's Vineyard Golden fleece, L.I.	✓	\$6	
Myrtos Retsina	✓	\$5	\$15
Myrtos White	✓	\$5	\$15
Osprey's Dominion Sauv Blanc, L.I.	✓	\$6	\$17
Pellegrini Vineyards Chard***, L.I.	✓	\$7	\$19
Pugliese Pinot Grigio, L.I.	✓	\$9	
Shinn Vineyards Coalescence***, L.I.	✓	\$8	
Shinn Vineyards Rose, L.I.	✓	\$7	

Please enjoy responsibly the selection of exceptional accompaniments to our delicious entrees.

Long Island

Hellenic Snack Bar Merlot*, by Martha Clara	\$22
Shinn Vineyards Red*	\$27
Laurel Lake Cabernet	\$27
Osprey's Dominion Merlot	\$27
Pugliese Bella Domenica	\$20
Jamesport Pinot Noir***-Magnificent	\$49
Jamesport Cinq Red	\$34
Bedell First Crush Red*	\$34
Shinn Vineyards Rose	\$28
Osprey's Dominion Sauv Blanc	\$23
Hellenic Snack Bar Chardonnay, by Martha Clara	\$22
Shinn Coalescence***	\$24
Anthony Nappa Anomaly***, White Pinot Noir	\$33
Anthony Nappa Luminous* Riesling	\$33
Pugliese Pinot Grigio	\$30
Jamesport Sauvignon Blanc***	\$36
Jason's Vineyard Golden fleece	\$20
Jamesport Reisling***	\$35

Greece

Myrtos Red	\$18
Hatzimichalis Cabernet*	\$32
Myrtos White	\$18
Myrtos Retsina	\$18
Hatzimichalis Chardonnay	\$32

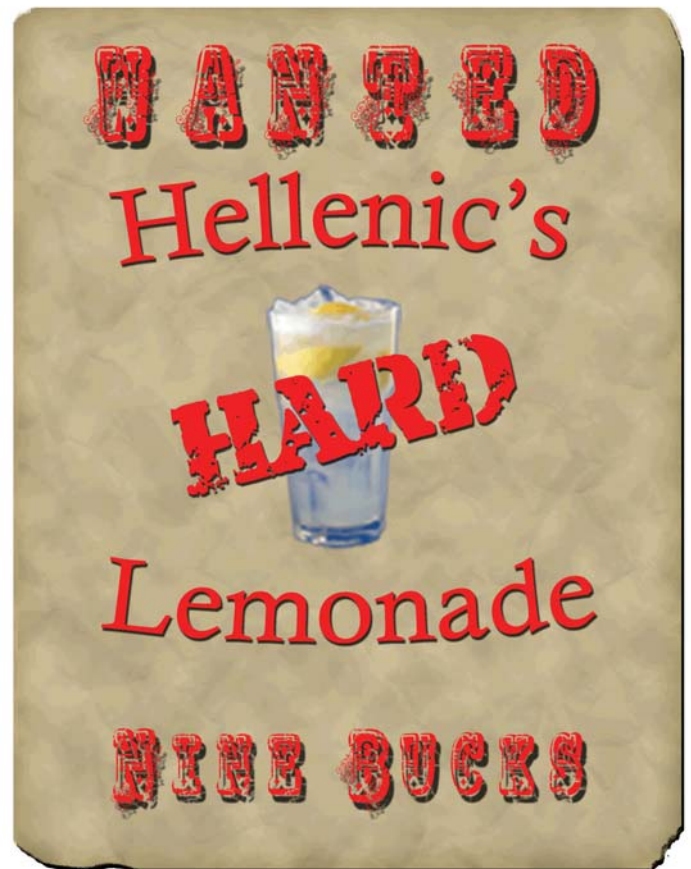
California

Ravenswood Zinfandel	\$26
Rex Goliath 47 lb. Rooster Cab Sauv*	\$19
Cupcake Cabernet	\$24
Cupcake Malbec	\$24
Fisheye Shiraz	\$17
Irony Pinot Noir	\$29
Beringer White Zinfandel	\$18

Dessert & Sparkling Wines

Glass Bottle

Mavrodaphne	\$5	\$18
Samos Muscat	\$6	\$20
Sparkling Pointe Cuvee Carnival, L.I.	\$9	\$39



Please ask your server what the current vintages are.

Homemade Appetizers

Red Beets Skordalia	Fresh and tender, local & organic (when available), sweet red beets topped with a creamy Greek garlic sauce (Skordalia).	\$9.95
Lemon Roasted Potatoes	Oven roasted until crisp, seasoned with oregano and black pepper. A traditional Greek side dish. (local potatoes when available.)	\$5.95
Tiropitakia	"Little Cheese Pies," five, flaky, folded, fillo dough triangles stuffed with a creamy feta cheese blend.	\$6.50
1/2 Order Fried Calamari	Tender, flaky and crisp. Prepared unlike anywhere else. Served with skordalia (garlic) sauce.	\$9.75
Spanakopita	Our Homemade "Spinach Pie" is a fluffy blend of spinach, feta, scallion and dill, baked between layers of flaky fillo dough.	\$9.95
Hummus	Ground chickpeas, tahini, garlic and spices served on pita. Made on premises.	\$7.75
Skordalia	Our own creamy garlic sauce served over fried eggplant and zucchini with grilled pita bread.	\$9.75
Grilled Pita Bread	Lightly coated in olive oil, lemon and oregano.	\$1.95
Pita with Tzatziki	Our homemade Tzatziki is a rich, thick yogurt sauce, with fresh cucumbers and garlic mixed in.	\$4.95
Dolmades	Stuffed grapevine leaves. Hand wrapped on premise.	\$9.75
Saganaki	Imported kefalograviera cheese broiled in a lemon sauce and served with pita.	\$10.95
Saganaki with Grilled Tomatoes	Kefalograviera cheese broiled over bubbling marinated tomatoes.	\$11.95
Grilled Haloumi	Grilled haloumi cheese over fresh tomatoes with Kalamata olives, and grilled pita.	\$11.95
Chicken Fingers	Sliced chicken breast, breaded on premise and fried. Served with homemade honey mustard.	\$6.95
Feta cheese	Feta with Kalamata olives and John's Original Dressing served with grilled pita bread.	\$10.95
Appetizer Platter for two*	(cooked to your liking) Souvlaki, chicken souvlaki, gyro, calamari spinach pie, dolmades, fried eggplant, fried zucchini, tzatziki sauce, taramasalata, skordalia sauce and grilled pita bread. A complete feast for two people.	\$64.95
Appetizer Platter for Four*	(cooked to your liking) Same as above, except large enough to feed four.	\$79.95
Salad Platter	Eggplant salad, split pea salad, ospria salad, taramasalata, hummus and pita bread.	\$19.95

***Consuming raw or undercooked meats, fish, shellfish or fresh shell eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.**

Soups & Salads

Soups

	Cup	Bowl	Quart (To Go)
Avgolemono Soup	\$3.95	\$4.95	\$9.50
Soup of the Day	\$3.95	\$4.95	\$9.50

Salads

Hellenic's Greek Salad	Iceberg lettuce, tomato, onions, Kalamata olives, feta, anchovies, with John's Original Dressing. Served with grilled pita bread.	
	Baby (single serving)	\$6.75
	Small (serves one to two)	\$8.95
	Large (serves two to four)	\$12.95
	Top salad with beef gyro, pork or chicken souvlaki, falafel, or sliced grilled chicken breast (Cooked to order)*	\$4.95
	Top Salad with Leg of Lamb Souvlaki or Sauteed Shrimp	\$8.95
"Horiatiki Salata"	A generously sized "Country-style" Greek salad. No lettuce, with tomatoes cucumbers, celery, olives, green and red bell peppers, onions and feta in our homemade olive oil, sea salt vinaigrette. Served with grilled pita bread.	\$9.95
	Top salad with beef gyro, pork or chicken souvlaki, falafel, or sliced grilled chicken breast (Cooked to order)*	\$4.95
	Top Salad with Leg of Lamb Souvlaki or Sauteed Shrimp	\$8.95
Ospria salad	String beans, canellini beans, chick peas, kidney beans and onions.	\$7.95
Taramasalata	A Grecian caviar salad spread with pita wedges.	\$7.95
Eggplant salad	Baked eggplant, feta, egg, parsley and spices with a touch of mayonnaise, served on a grilled pita.	\$9.95
Split pea salad	A creamy spread of split pea, scallions and dill on pita wedges.	\$7.95
Cabbage salad	Shredded cabbage and carrots in a garlic vinaigrette.	\$6.75
Scuingilli salad	Extremely tender pieces of conch, dressed with John's Original Dressing.	\$11.95

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Greek Specialties and Entrees

Pork Souvlaki*, Chicken Souvlaki*, Gyro (Beef), or Falafel

As a sandwich wrapped in foil (cooked to your liking) with marinated tomatoes & onions, in a pita with tzatziki sauce on top. \$10.95

As an open face sandwich (cooked to your liking) over pita with marinated tomatoes & onions, and tzatziki sauce on the side. \$10.95

Served over rice (cooked to your liking) with pita bread, marinated tomatoes & onions on top, and tzatziki on the side. \$14.90

Souvlaki or chicken souvlaki* (cooked to your liking) on a skewer over grilled pita wedges. \$7.95

ABOVE SERVED WITH LEG OF LAMB SOUVLAKI ADD \$4.00

As a huge platter (cooked to your liking) with double the portion of meat, marinated tomatoes & onions, steak fries and tzatziki on the side. \$16.95

"The Ultimate" Leg of Lamb Souvlaki Platter (cooked to your liking) with double the portion of lamb, marinated tomatoes & onions, steak fries and tzatziki on the side. \$24.95

Moussaka Layers of eggplant, ground beef, and golden brown potatoes, topped with a creamy bechamel sauce. With a choice of soup or Hellenic's salad. \$18.95

Pastitsio Layers of macaroni and ground beef topped with a creamy bechamel sauce, haloumi & parmesian cheese. With a choice of soup or Hellenic's salad. \$17.95

Yigantes Plaki Imported giant, Greek lima beans baked with crushed tomatoes, onions, celery, peppers, and garnished with sausage. With a choice of soup or Hellenic's salad. \$16.95

Shrimp Saganaki Shrimp in a broiled sauce of crushed tomatoes, feta & kefalograviera cheese. With a choice of soup or Hellenic's salad. \$18.95

Lamb with String Beans Baked braised leg of lamb smothered with traditional Greek style stewed string beans in a tomato-onion chutney. \$22.95

Lamb Youvetsi A baked casserole of leg of lamb and orzo pasta in a light tomato sauce. With a choice of soup or Hellenic's salad. \$19.95

Spanakorizo A Grecian style spinach and rice casserole, garnished with feta. With a choice of soup or Hellenic's salad. \$16.95

Fried Flounder* (cooked to your liking) Golden crisp Panko breadcrumb coating, served with homemade coleslaw and steak fries. With a choice of soup or Hellenic's salad. \$17.95

Fried Shrimp Served with homemade coleslaw and steak fries. With a choice of soup or Hellenic's salad. \$17.95

Fried Calamari* (cooked to your liking) Crisp, flaky and tender, served with skordalia sauce and grilled pita. With a choice of soup or Hellenic's salad. \$17.95

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Burgers, Clubs, & Sandwiches

Served on pita, ciabattini or kaiser roll \$ 1.00 extra

8 oz Beef Burger* (cooked to your liking) on a jumbo sesame seed bun.....	\$7.95
8 oz Fresh-Ground-to-Order Chicken Breast Burger on a jumbo sesame seed bun.....	\$7.95
One of a kind Grecian Burger* (cooked to your liking) onions, peppers, garlic & spices.....	\$9.95
Hot Grilled Turkey Club with Steak Fries "Best T.C. this side of the Hemisphere" - NY Times.	\$12.95
Hamburger Club* (cooked to your liking) on white toast with Steak Fries	\$13.95
Ham Steak Club on white toast with Steak Fries	\$13.95
Grilled Chicken Cutlet Club* (cooked to your liking) with Steak Fries.....	\$13.95
Bacon, Lettuce, & Tomato* on white toast (cooked to your liking).....	\$7.95
Ham Steak Sandwich on ciabattini.....	\$10.95
Hot Grilled Deli Turkey Sandwich on ciabattini.....	\$9.95
Tuna salad Sandwich on ciabattini.....	\$9.75
Texas Size Western Omelet Sandwich* (cooked to your liking) organic eggs on ciabattini.....	\$8.95
Fried Flounder Sandwich with coleslaw on ciabattini.....	\$11.95
Grilled Chicken Breast* (cooked to your liking) on ciabattini.....	\$10.95
Greek Salad in a pita.....	\$8.75
Grilled American cheese on white toast.....	\$5.95
Grilled Swiss Cheese on white toast.....	\$6.50
1/4 lb Grilled Hebrew National Frankfurter.....	\$3.75

Add a Side

Customize your sandwich or add a side to your entree.

American Cheese.....	\$1.00	Vegetable of the day.....	\$5.50
Swiss Cheese.....	\$1.25	Fresh Sauteed Vegetables.....	\$8.95
Bacon	\$1.95	Scoop of Tuna.....	\$4.50
Ham Steak.....	\$3.95	Gyro Meat.....	\$4.95
Grilled Onions.....	\$1.00	Falafel.....	\$4.95
Grilled Mushrooms.....	\$2.00	1/2 Order of Yigantes.....	\$9.95
Crumbled Feta.....	\$3.50	1/2 Order of Spanakorizo.....	\$8.95
Marinated Tomatoes and/or Onions.....	\$2.95	Kalamata Olives.....	\$1.75
Small Steak Fries.....	\$3.25	Taramasalata (4 oz.).....	\$2.75
Large Steak Fries.....	\$5.50	Hummus (4 oz.).....	\$2.95
Sweet Potato Fries.....	\$4.75	Skordalia Sauce (4 oz.).....	\$1.75
Homemade Onion Rings.....	\$6.75	Single Dolma	\$1.75
Rice.....	\$3.95	Small Tzatziki	\$1.25
Orzo Pasta.....	\$3.95	Large Tzatziki.....	\$4.25
Coleslaw (homemade).....	\$2.50		

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Beverages

Our homemade, famous, fresh Lemonade.....	\$3.50
Poland Spring.....	\$2.25
Perrier Sparkling Water (.33L).....	\$2.95
Cola, Diet Cola, Lemon-Up, Ginger Ale, Orange soda.....	\$2.50
Milk.....	\$2.75
Chocolate Milk.....	\$2.95
Hot Chocolate.....	\$2.50
Haagen-Dazs® Shake.....	\$5.50
Haagen-Dazs® Soda.....	\$5.25
Chocolate or Vanill Egg Cream.....	\$3.95

Coffee

Coffee.....	\$2.00
Naturally Decaffeinated Coffee	\$2.25
Lipton tea (regular or decaf).....	\$1.95
Greek Coffee.....	\$3.00
Espresso, Lavazza.....	\$2.50
Cappuccino, Lavazza.....	\$4.50
Mighty Leaf Tea.....	\$2.75

Mighty Leaf[®] tea

African Nectar Rooibos (decaf)
Citrus Chamomile (decaf)
Organic Hojicha (green)
Breakfast Americana (black)

Beer

Greenport Harbor Ale on Tap, L.I.....	\$4.95	Budweiser.....	\$4.00
Greenport Harbor Duck Porter on Tap, L.I...	\$4.95	Heineken.....	\$4.50
Seasonal Greenport Harbor Brews on Tap....	\$4.95	Amstel Light.....	\$4.50
Bud Light.....	\$4.00	Keo Imported from Cyprus.....	\$4.50

"Goodies"

Hellenic Proudly Serves Haagen-Dazs Ice Cream!



Haagen Ice cream cup \$4.75

Haagen Sundae \$6.95

A La Mode \$2.75



Ask your server about our Ice Cream flavors.

	Apple Crumb Pie	<i>Your classic, heart warming, good ol' fashion apple crumb.</i>	\$5.95
	Baklava	<i>Layers of walnuts and almonds, sandwiched between layers of flaky fillo dough baked and then smothered with cinnamon flavored syrup</i>	\$5.95
	Caramel Custard	<i>A wedge of lightly sweet, delicate flan.</i>	\$5.95
	Carrot Cake	<i>Beautifully moist, covered with a pineapple cream cheese icing.</i>	\$5.75
	Chocolate mousse "mice"	<i>Piped chocolate mousse in the shape of a mouse. A favorite with the kids.</i>	\$5.25
	Galaktobouriko	<i>Semolina custard filling sandwiched between layers of fillo dough and coated with cinnamon syrup, served warm.</i>	\$5.95
	Kataifi	<i>Shredded fillo dough wrapped around a cluster of walnuts and almonds covered with cinnamon flavored syrup.</i>	\$5.95
	Kourambiedes	<i>Greek butter almond cookies covered with powdered sugar.</i>	\$1.75
	Lemon Squares	<i>Tart lemon, buttery, moist shortbread-style square doused with powder sugar.</i>	\$5.50
	New York Style Cheese cake	<i>The ultimate! Very creamy and moist.</i>	\$5.50
	Oreo TM cookie cake	<i>If you like America's favorite cookie you'll love this cake!</i>	\$5.95
	Rice Pudding	<i>The best we've ever tasted. Creamy and fluffy.</i>	\$4.95
	Southern Bourbon Pecan Pie	<i>Toasted, caramelized southern pecans drenched in bourbon and baked in a pie crust.</i>	\$6.95
	Toasted Cheese Babka	<i>Classic Polish cheese Babka with raisins. Grilled with butter.</i>	\$3.95
		<i>Family recipe, made on premises.</i>	

"Good Morning"

We May Stop serving Breakfast anytime after 11:30 am

Custom Omelet*(cooked to your liking)

Make your own two egg omelet by selecting from the items below. Starting price \$4.95

American Cheese.....	\$1.55	Asparagus (when available).....	\$3.50
Swiss cheese.....	\$2.00	Green Peppers.....	\$1.00
Feta.....	\$3.30	Tomatoes.....	\$1.00
Saganaki Cheese.....	\$3.25	Onions.....	\$1.00
Haloumi Cheese.....	\$3.25	Mushrooms.....	\$1.25
Dolma.....	\$1.50	Fresh Spinach.....	\$1.50
Ham, bacon or sausage.....	\$1.95	Extra egg or Whites.....	\$1.00

Substitute toast for bagel, English muffin, corn muffin, babka, pita, ciabattini or kaiser roll \$1.00

Egg Sandwich Special

*Two Eggs on a roll with bacon, ham or sausage, and cheese. (cooked to your liking)

\$6.95

Breakfast Beverages

Small Milk.....	\$1.95	Coffee.....	\$2.00
Large Milk.....	\$2.75	Lipton Tea.....	\$1.95
Chocolate Milk.....	\$2.95	Naturally Brewed Decaf.....	\$2.25
Hot Chocolate.....	\$2.50	Greek Coffee.....	\$3.00
Espresso, Lavazza.....	\$2.50	Mighty Leaf Tea.....	\$2.75
Cappuccino.....	\$4.50		

Mighty Leaf
tea

The Finest Tea Available

African Nectar Rooibos (decaf)

Citrus Chamomile (decaf)

Organic Hojicha (green)

Breakfast Americana (black)

Juices

Orange, Grapefruit, Tomato, Apple, Cranberry, Pineapple

Small Juice \$1.95

Large Juice \$2.75

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"Good Morning"

We May Stop serving Breakfast anytime after 11:30 am

We only use organic eggs from free-range chickens, pure maple syrup and real butter!

Eggs & Omeletes

*One egg any style (cooked to your liking).....	\$3.95
*Two eggs any style (cooked to your liking).....	\$4.95
*Dolmades omelet (cooked to your liking).....	\$8.95
*Spinach & feta omelet (cooked to your liking).....	\$8.95
*Western omelet (cooked to your liking).....	\$8.50
*Loaf of corned beef hash with two poached eggs (cooked to your liking).....	\$8.75
*Feta cheese omelet (cooked to your liking).....	\$8.25
*American Cheese omelet (cooked to your liking).....	\$6.50
*Swiss Cheese Omelet (cooked to your liking).....	\$6.95

Griddle

*Two large Hotcakes (cooked to your liking).....	\$6.75
*Blueberry Pancakes with whipped cream (cooked to your liking).....	\$7.95
*French Toast (cooked to your liking).....	\$6.95
*Babka French Toast (cooked to your liking).....	\$8.75
Belgian waffles served with fresh blueberries and whipped cream.....	\$8.75

Side Orders

White, rye, wheat toast or buttered roll.....	\$1.95
English muffin, corn muffin, ciabattini or bagel.....	\$2.95
Toasted Babka.....	\$3.95
Buttered pita.....	\$1.95
Bagel with cream cheese.....	\$3.75
Home fries or steak fries.....	\$1.00
Organic Scottish pin oats, sides of blueberries, cream, maple syrup & raw sugar.....	\$6.95
*Bacon or sausage (cooked to your liking).....	\$1.95
Ham Steak.....	\$3.95
Side of Corned Beef Hash.....	\$5.50
*Single Pancake (cooked to your liking).....	\$3.75
*Single Blueberry Pancake (cooked to your liking).....	\$4.75
Substitute white toast for bagel, English muffin, corn muffin, babka, pita, ciabattini or kaiser roll..	\$1.00

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